

## **Terms & Conditions**

### **Essentially Beth**

These Terms & Conditions apply to all services, sessions, bookings, and purchases made with Essentially Beth. By booking a session or using this website, you agree to the following terms.

### **Nature of Services**

Essentially Beth offers complementary holistic services, which may include aromatherapy, massage, energy healing, Reiki, ceremonies, and wellbeing guidance.

All services are intended to support relaxation, wellbeing, and personal balance. They are **not a substitute for medical advice, diagnosis, or treatment**, and no claims are made to cure or treat medical conditions.

Clients are responsible for seeking appropriate medical advice from a qualified healthcare professional where needed.

### **Personal Responsibility**

By booking a session, you confirm that:

- You understand the nature of the services offered
- You take full responsibility for your own health and wellbeing
- You will inform me of any relevant medical conditions, injuries, pregnancy, allergies, or sensitivities prior to your session

I reserve the right to refuse or adapt a session if I feel it would not be appropriate or safe.

### **Bookings & Payments**

Appointments must be booked in advance and are subject to availability.

Payment is required to confirm bookings, as outlined on the booking page. Sessions are not considered fully confirmed until payment has been received.

Prices are listed on the website and may be updated from time to time.

### **Cancellations & Rescheduling**

All cancellations and changes are subject to my **Cancellation & Rescheduling Policy**, which forms part of these Terms & Conditions.

Please ensure you have read this policy before booking. A copy is available on the website and linked in the footer.

### **Late Arrival**

If you arrive late for your appointment, your session may be shortened to respect other bookings. The full session fee will still apply.

### **No Guarantee of Outcomes**

Each person responds differently to holistic and energy-based work. As such, no guarantees can be made regarding specific outcomes or results from any session or service.

### **Privacy & Data Protection**

Your personal information is handled in accordance with my **Privacy Policy**, which explains how data is collected, stored, and used.

By using this website and submitting your details via any form, you consent to this data processing.

### **Website Use**

All content on this website, including text and images, is the property of Essentially Beth unless otherwise stated and may not be copied or reproduced without permission.

### **Changes to These Terms**

These Terms & Conditions may be updated occasionally. The most current version will always be available on the website.

### **Contact**

If you have any questions about these Terms & Conditions, or would like clarification before booking, please feel free to get in touch.